

QUESTIONS TO ASK YOUR HEALTH CARE PROFESSIONAL

About breast cancer risk:

- In what stage would you classify my breast cancer?
- What is my nodal status, and how does it affect my risk of recurrence?
- Am I estrogen receptor-positive or negative?
- Am I HER2/*neu* positive or negative?
- Can you talk to me about my personal risk of recurrence?

About reducing recurrence:

- What can I do to help prevent a recurrence of my cancer?
- How often should I visit you and for what types of exams (physicals, breast exams, checkups, etc.)?
- What cancer screening tests (e.g., mammography) should I have and how often?
- Should I consult a nutritionist about changes in my diet?
- When can I begin a regular exercise program?

About treatment:

- After I finish my treatment, what kind of follow-up care will I receive? For what length of time?
- What symptoms should I be on the lookout for that might mean that my cancer has returned?
- Will the treatment affect me sexually (reduction in sex drive, ability to have children)?
- Are there any long-term side effects of my treatment of which I should be aware?
- Am I at risk for any other cancers and what can I do to reduce that risk?

